

Supporting Information

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Nothoapiole and α -Asarone Rich Essential Oils from Himalayan *Pleurospermum angelicoides* Benth

Chandra S. Mathela^{1*}, Rakesh K. Joshi¹, Balam S. Bisht¹ and Subhash C. Joshi²

¹ *Department of Chemistry, Kumaun University, Nainital-263002, Uttarakhand, India*

² *Jubilant Life Sciences Ltd, C-26, Sector 59, Noida, UP, India*

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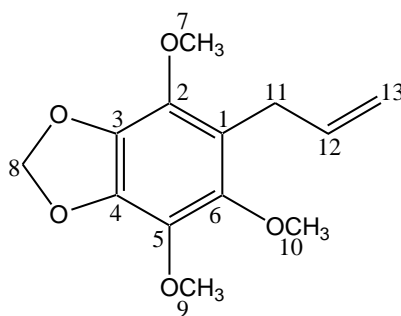
S1: IR spectral data of nothoapiole (**1**)

(Cm⁻¹) 3076.50, 2978.43, 2939.85, 2839.50, 1617.71, 1638.14, 1481.78, 1055.48, 1107.15, 994.79

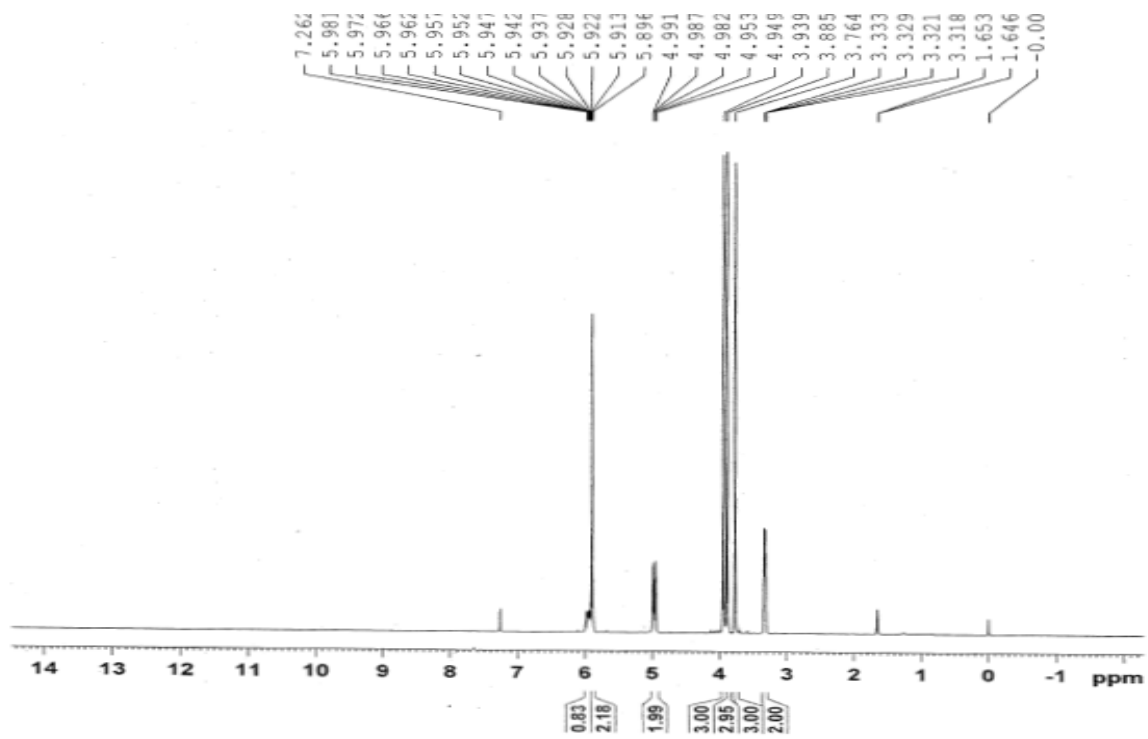
S2: EI-MS data of nothoapiole (**1**): EIMS, 70 eV, C₁₃H₁₆O₅, *m/z* 252 (100%), 237 (31%), 207 (53%), 179 (44%), 151 (30%)

S3: ¹H and ¹³C NMR spectral assignment of nothoapiole (**1**)

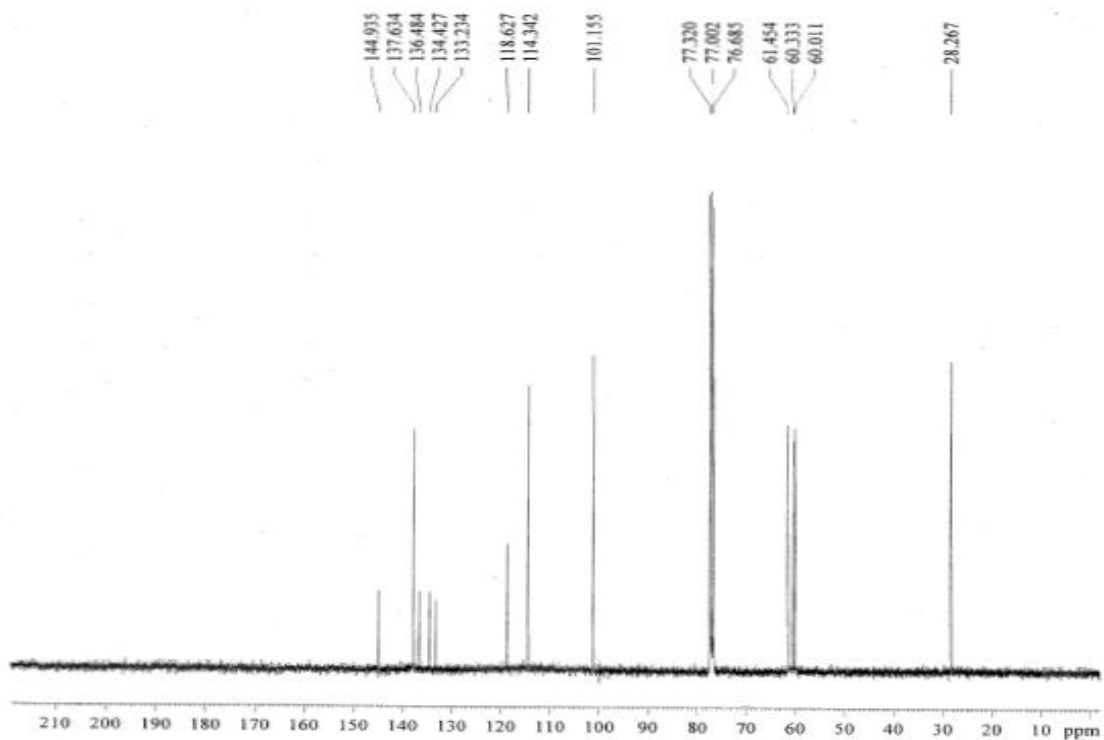
No.	δ (H)	δ (C)
1	-	118.6
2	-	144.9
3, 5	-	133.2, 134.4
4, 6	-	136.4, 137.6
7	3.76 (<i>s</i>)	60.3
8	5.90 (<i>s</i>)	101.1
9	3.94 (<i>s</i>)	60.4
10	3.89 (<i>s</i>)	61.4
11	3.32, 3.33 (<i>m</i>)	28.3
12	5.95 (<i>m</i>)	137.6
13	5.90 (<i>m</i>)	114.3



Nothoapiole (**1**)



¹H NMR spectrum of nothoapiole (1)



¹³C NMR spectrum of nothoapiole (1)