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records of natural products

An Update on Phytochemistry and Biological Activities of

Cinnamomum

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Abstract: The genus Cinnamomum belongs to the family Lauraceae and contains about 250 species. Cinnamomum plants have great economic value and have been widely used in the pharmaceutical, chemical, food and cosmetic industries. A great deal of research on the chemical constituents and their various biological activities has been conducted on only 20 species of Cinnamomum. We have already summarized the chemical structures and bioactivities of terpenoids from Cinnamomum. Herein, we give an update on other types of compounds and their biological activities. According to the findings, 380 chemical compounds obtained from Cinnamomum, including lignans, butanolides, flavonoids, phenylpropanoids, alkaloids and other compounds are summarized, and their corresponding unique chemical structures and significant biological activities are introduced in this paper.

Keywords: *Cinnamomum*; phytochemistry; immunomodulatory; anti-inflammatory; antioxidant activity. © 2021 ACG Publications. All rights reserved.

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1. Introduction

The family Lauraceae contains about 45 genera and 2500 species that are economically important in the pharmaceutical, chemical, food and cosmetic industries. As one of the largest genera of Lauraceae, *Cinnamomum* comprises approximately 250 species, which is represented by evergreen trees and shrubs. *Cinnamomum* plants are mainly distributed in tropical and subtropical Asia, Australia and the Pacific islands [1]. There are about 46 species in China, which are endemic in the southern religions, with the most species in Yunnan province, followed by Guangdong and Sichuan [2].

Cinnamomum species have been used as important sources of traditional medicine, timber, edible fruits, spices, and perfumes in China for a long history [3]. Some Cinnamomum species, such as C. cassia, C. zeylanicum, C. tamala and C. wilsonii, are famous herbs that have a long history of being used as medicine. Cinnamomi cortex, which is obtained from some Cinnamomum species, has been used for treating cardiovascular, chronic gastrointestinal and inflammatory diseases [4, 5]. The extracts from Cinnamomum plants have been reported to show various biological activities, including immunomodulatory, anti-inflammatory, anticancer and other activities; moreover, many studies have also been done on the activity of monomer compounds [6-10] However, the relationship between the activities of the extracts from Cinnamomum and those of the monomer compounds has not been fully elucidated Therefore, this paper aims to reveal the activity relationship between extracts and compounds from the genus, which may provide a theoretical basis for the discovery of active ingredients from Cinnamomum and better utilization of Cinnamomum plants.

To date, the research on bioactive constituents from *Cinnamomum* is a research focus in China and many experiments have been done. There have been over 500 compounds isolated from *Cinnamomum* with various pharmaceutical activities. Many constituents have been confirmed to be effective in *in vivo* experiments or even clinically used in treatment for various diseases, such as cinnamaldehyde, cinnamic acid, sesamin, camphor, borneol and so on. There are many lead compounds that are under research and development and many new compounds with unique structures under activity screening tests. Therefore, a summary of the active ingredients of *Cinnamomum* is necessary, which will help to explore more valuable lead compounds.

Among the *Cinnamomum* species, *C. cassia* is the most important species in the genus *Cinnamomum* and has been thoroughly studied. Around 300 constituents with many new skeletons have been found in this species. There are also many studies on phytochemistry of other species, such as *C. burmannii*, *C. camphora*, *C. kotoense* and *C. subavenium*. And the constituents obtained from *Cinnamomum* have shown a variety of biological activities, which provides a lot of bioactive ingredients for the development of new drugs.

We have previously introduced the structures of terpenoids from *Cinnamomum* and their biological activities [11]. Herein, we summarized other types of constituents from *Cinnamomum* plants in this paper, including lignans, butanolides, flavonoids, phenylpropanoids, alkaloids, and other compounds. Also, their pharmacological activities are also introduced in this review, which covers antioxidant, immunomodulatory, anti-inflammatory, anticancer and other effects. Many compounds have been proved to be potent bioactive constituents through a lot of assays and thus are promising treatment for many diseases.

2. Chemical Constituents and Their Biological Activities

A great deal of phytochemical research has been conducted on a few species. Excluding the studies that only give focus on volatile oils, we have summarized a total of 380 constituents from 17 *Cinnamomum* species, which include 82 lignans, 46 butanolides, 65 flavonoids, 76 phenylpropanoids, 19 alkaloids and 92 other compounds.

2.1. Lignans

Lignans are an important part of the secondary metabolites of *Cinnamomum* species, which have high content and abundant structural types. There are 82 lignans isolated from *Cinnamomum*

plants (Table 1 & Figure 1), including five diarylbutanes (1-5), ten arylnaphthalenes (6-15), eleven tetrahydrofurans (16-26), sixteen bis-tetrahydrofurans (27-42), sixteen benzofurans (43-58), eight 8-O-4'-neolignan (59-66), four spirodienones (67-70), two biphenyls (71-72), three norlignans (73-75), four sesquilignans (76-79), one dimer (80), and two neolignans (81-82).

Spirolignans can be rarely found in natural products. Herein, Lai *et al.* [12] separated two pairs of spirodienone neolignan racemates (67-70) with a rare 2-oxaspiro[4.5]deca-6,9-dien-8-one motif from *C. subavenium*. It was the first time to report spirodienone neolignans with this rare skeleton. Moreover, these compounds showed significant inhibitory effects against NO production in RAW264.7 mouse macrophages, with IC₅₀ values of 17.9, 5.6, 15.1, and 4.3 μM, respectively. Among the four lignans, 70 exhibited strongest inhibitory effects while 67 weakest. Thus, the methoxy substituent at C-5 enhanced the inhibitory effects of the compound. In addition, 69 and 70 showed much stronger inhibitory effects than 67 and 68, respectively. Thus, the chirality of the spirolignans significantly affected the inhibitory effects on the NO production in the RAW264.7 mouse macrophages.

The lignans obtained from *Cinnamomum* contains two glycosides (47, 58), both of which were isolated from the bark of *C. cassia*, and 58 is a unique compound of *Cinnamomum* plants [2, 13]. It is noteworthy that hydroxyl groups at the 9-positions of some lignans (3-4, 12-13) formed ester groups with ferulyl groups. This special structure was only found in *C. osmophloeum* [14]. Moreover, C-7, C-7', C-8 and C-8' of compound 82 isolated from *C. balansae* formed a cyclobutane, which is also a relatively rare structure [15].

Biphenyllignans are common in separation, such as magnolol analogues [16]. However, according to Liu *et al.* [17], the C-7 and C-8 positions of biphenyl lignans (**71-72**) formed peroxy bonds, which are rare in natural products. Moreover, both the compounds have not been found in other genera and have showed certain neuroprotective activities.

Sesamin (34) has high content in *Cinnamomum* plants, especially in the leaves of *Cinnamomum* camphora [7], which has showed various biological activities in vivo and in vitro. Treatment with 34 could accelerate wound healing by promoting the proliferation, adherence, migration in human umbilical vein endothelial cells. It could also promote neogenesis of granulation tissue and deposition and remodeling of the collagen matrix in a rat model [18]. According to Majdalawieh *et al* [19], the anti-hyperlipidemic activities of 34 have been proven in many *in vivo* studies. It mainly exerts the anti-hyperlipidemic effects by downregulating the activity of $\Delta 5$ desaturase, suppressing the activity of SREBP-1, and inhibiting the process of PUFA chain elongation via sesamin-dependent upregulation of PPAR α regulatory pathways. Moreover, many other *in vivo* experiments of sesamin have been conducted and 34 has the potential to treat or prevent intestinal ischemia, cardiovascular diseases, lung inflammation and many other diseases [20-22]. In a clinical trial, sesamin supplement could relieve clinical symptoms and pathological changes that were caused by inflammatory impairment in patients with rheumatoid arthritis [23].

Many lignans from different plant sources have been reported to show good neuroprotective activities and some have been used in treatment of neurodegenerative diseases [24]. Lignans 17, 71, 72 and 85 were tested for their neuroprotective effects against tunicamycin-induced cell death in SH-SY5Y cells. All these complounds exhibited strong neuroprotective effects with EC₅₀ values ranging from 21 to 75 μ M [17].

 Table 1. Lignans from Cinnamomum genus

No.	Compounds	Plants	Ref.	No.	-	Plants	Ref.
1	secoisolariciresinol	c,o	[25, 28]	42	4-ketopinoresinol	c	[28]
2	methoxysecoisolariciresinol	c	[28]	43	(7S,8R)-lawsonicin	c	[25]
3	Secoisolariciresinol diferuloyl ester	0	[14]	44	urolignoside	Z	[29]
4	9,9'-Di-O-feruloyl-(+)-5,5'-dimethoxy secoisolariciresinol	O	[14]	45	9,9'-dihydroxy-3,4-methylenedioxy-3'-methoxy[7-O-4',8,5']neolignan	c	[17]
5	cinnacassoside A	c	[13]	46	(7R,8S)-ficusal	c	[17]
	(6R,7R,8R)-7a-[(β-D-						
6	glucopryanosyl)oxy] lyoniresinol (6S,7R,8R)-7a-[(β-D-	С	[2]	47	samwiside	С	[30]
7	glucopryanosyl)oxy] lyoniresinol (6R,7S,8S)-7a-	c	[2]	48	(+)-leptolepisol C	c	[25]
8	[(β-D-glucopryanosyl)oxy] lyoniresinol	c	[2]	49	cinncassin D	c	[25]
9	isolariciresinol	c	[25]	50	picrasmalignan A	c	[25]
10	5-methoxy-isolariciresinol	c	[28]	51	spicatolignan B	c	[13]
11	(-)-lyoniresinol	c	[31]	52	balanophonin	c	[17]
12	(7'S,8'R,8R)-Lyoniresinol-9-O-(E)- feruloyl ester	O	[14]	53	5-methoxybalanophonin	c	[17]
	(7'S,8'R,8R)-lyoniresinol-9,9'-di-O-						
13	(E)-feruloyl ester	0	[14]	54	hierochin B	c	[17]
14	(-)-lyoniresinol 3α-O-β-D- glucopyranoside	c	[32]	55	simulanol	c	[17]
15	schizandriside	d	[33]	56	salvinal	c	[17]
16	cinnacassin G	c	[17]	57	herpetal	c	[17]
17	cinnacassin H	c	[17]	58	cinnacassoside B	c	[13]
18	(+)-(7'R,8R,8'R)-5,5'-		[25]	59	(-)-erythro-(7R,8S)-guaiacylglycerol-	с	[25]
10	dimethoxylariciresinol	С	[25]	39	β-O-4'-sinapoyl ether	C	[23]
19	(+)-(7'S,8R,8'R)-5,5'-dimethoxylariciresinol	c	[25]	60	(-)-erythro-(7S,8R)-syringylglycerol- β-O-4'-sinapyl ether	c	[25]
20	5'-methoxylariciresinol	c	[34]	61	cinncassin E	c	[25]
21	cinnacassin M	c	[17]	62	(+)-threo-(7S,8S)-guaiacylglycerol-β- coniferyl aldehyde ether	c	[25]
22	(+)-episesaminone	d	[35]	63	(+)-erythro-(7S,8R)-guaiacylglycerol- β-coniferyl aldehyde ether	c	[25]
23	dehydroxycubebin	p	[36]	64	1-(4-hydroxy-3-methoxyphenyl)-2-[3- (3-hydroxy-1-propenyl)-5- methoxyphenoxy]-1,3-propanediol	c	[17]
24	cubebin	p	[36]	65	(+)-erythro-(7R,8S)-guaiacylglycerol- 8-vanillin ether	c	[25]
25	hinokinin	p	[36]	66	1,2,3-propanetriol, 1-[4-(1R,2R)-2- hydroxy-(4-hydroxy-3-methoxy- phneyl)-1-(hydroxymethyl)ethoxy]-3- methoxyphneyl	c	[37]
	(7'S,8S,8'R)-4,4'-dihydroxy-				**		
26	3,3',5,5'-tetramethoxy-7',9-epoxylignan-9'-ol-7-one	c	[17]	67	(+)-subaveniumin A	S	[12]
27	(+)-syringaresinol	b,c,k,m,r,s,t	[38-40]	68	(+)-subaveniumin B	s	[12]
28	(+)-yangambin	b,c	[28, 38]	69	(-)-subaveniumin A	S	[12]
29	clemaphenol A	k	[41]	70	(-)-subaveniumin B	S	[12]
30	cinnacassin F	c	[17]	71	Cinnacassin I	c	[17]
31	(+)-pinoresinol	b,c,d	[28, 31, 42]	72	cinnacassin J	c	[17]
J1	(1) phioresinor	0,0,0	[20, 21, 72]		6-hydroxy-2-(4-hydroxy-3,5-	Č	[1/]
32	(+)-medioresinol	b,c	[28, 43]	73	dimethoxy-phenyl)-3,7-dioxabicyclo- [3.3.0]-octane	c	[13]
33	pinoresinol methyl ether	d	[42]	74	zhebeiresinol	c	[17]
34	sesamin	b,d,j,k,n,s,t	[27, 44-47]	75	(-)-(7R,8R,8'R)-acuminatolide	d	[42]
35	(+)-diasesamin	d,j,n	[27, 47]	76	buddlenol A	c	[17]
36	(+)-episesamin	d,j	[27, 47]	77	erythro-buddlenol B	c	[17]
37	pluviatilol	k	[41]	78	ficusesquilignan A	c	[28]
38	piperitol	d	[42]	79	buddlenol C	c	[28]
50	piperitoi	u	[74]	1)	ouddiciioi C		լ⊿0]

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39	9α-hydroxysesamin	d	[48]	80	hedyotisol A	c	[17]
40	9β -hydroxysesamin	d	[48]	81	cinnaburmanin A	b	[49]
41	l-asarinin	d	[48]	82	cinbalansan	a	[15]

a-C. balansae, b-C. burmannii, c-C. cassia, d-C. camphora, i-C. inunctum, j-C. insulari-montanum, k-C. kotoense, m-C. macrostemon, o-C. osmophloeum, p-C. parthenoxylon, q-C. philippinense, n-C. randaiense, r-C. reticulatum, s-C. subavenium, t-C. tenuifolium, u-C. trichophyllum, z-C. zeylanicum. The same as below.

The anti-inflammatory activities of the isolated lignans were evaluated on production of nitric oxide (NO) induced by lipopolysaccharide (LPS) in BV-2 microglial cells. Compounds including **19** and **61-63** showed significant inhibition activities with IC₅₀ values of 17.5, 17.6, 17.7 and 18.7 μ M, respectively. Other compounds exhibited moderate inhibitory activities, including **18**, **20**, **27**, **43**, **59**, **60** and **65**. In addition, it was noticed that 8-*O*-4'-lignans showed significant inhibition with IC₅₀ values ranging from 17.6 to 42.0 μ M. And among them, lignans with acrylaldehyde group at C-1' exhibited highest anti-inflammatory activities [25].

Compound **50** significantly inhibited NO production and suppress TNF- α and IL-6 release at three doses (10, 30 and 100 μ M) in LPS-activated macrophage RAW 264.7 cells. Furthermore, the inhibitive action of **50** was more potent than that of the positive control hydrocortisone, a commonly used anti-inflammatory drug. The substance can also inhibit the overexpression of iNOS and COX-2 and the activity of iNOS and COX-2 enzymes in the assays [26].

Three lignan esters, including compounds **4**, **12** and **13**, were tested for their cytotoxicities against HepG2, Hep3B, and Ca9-22 cancer cells. Compounds **12** and **13** have significant cytotoxicities on three cancer cell lines with EC₅₀ values of less than 20 and 10 µg/mL respectively, while compound 4 showed moderate effect. The structure-activity relationships are as followed: (a) The cyclolignans (**12** and **13**) demonstrated stronger effects than the dibenzylbutane lignan (**4**) on these three cancer cell lines. (b) The lignan with two feruloyl groups (**13**) showed stronger activities than that with only one (**12**). Thus, both C-9 and C-9' feruloyl groups significantly increased the cytotoxicity of the compounds [14].

In another assay, the cytotoxicity of 34 on Hep G2 was investigated. The percentage of Hep G2 cells in the S phase decreased from 40% to 30% after treatment with 200 μ M 34 for 24 hours, showing a slight cytotoxic effects [27]. Moreover, the lignan 8 was reported to show significant inhibitory effects on ConA-induced T cell proliferation with an inhibition ratio of 80.1% at a concentration of $200~\mu$ M, whilst at low doses of 25 and $12.5~\mu$ M, stimulated the proliferation of T cells. Some compounds exhibited weak inhibition, including compounds 6, 238 and 362 [2].

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Figure 1. The structures of lignans from Cinnamomum

2.2. Butanolides

Butanolides are not very common in the separation of natural products. However, there have been 46 butanolides obtained from the genus *Cinnamomum* (Table 2 & Figure 2), which are important active ingredients with a variety of structure types. Furthermore, some extracts from *Cinnamomum* plants have been reported to show potent anticancer effects and butanolides may be the major active ingredients [50].

The butanolides isolated from the *Cinnamomum* include two simple γ -butyrolactones (83, 84), ten α,β -diphenyl- γ -butyrolactones (85-94), twenty-nine long-chain fatty alkyl-substituted γ -lactone (95-123) and five secobutanolides (124-128).

According to Liu *et al.* [17], the α,β -diphenyl- γ -butyrolactones (**85-94**) are a class of unique natural compounds that have only been isolated from *C. cassia* and thus could be used as potential chemotaxonomic markers for this species. Among these compounds, **85**, **88** and **90** has shown significant neuroprotective activities.

Compounds **96**, **99** and **100** were firstly obtained from *Cinnamomum kotoense* in 2006 and showed significant anti-proliferation activity [41, 51]. Isoobtusilactone A (**97**) and obtusilactone A (**98**) are common in *Cinnamomum* plants and both have been found in seven *Cinnamomum* species. Isophilippinolide A (**103**) and philippinolide A (**104**) were firstly found in the roots of *Cinnamomum philippinense* and also showed potent anticancer activities [52]. Compounds **97--110** share the same β -hydroxy- γ -methylene- α , β -unsaturated- γ -lactone skeleton.

According to the findings, many butanolides from the genus were proved to exhibit potent anticancer effects and it is illustrated as follows. It was reported that 112, 113, 116 and 127 can induce significant cell death in the human colorectal cancer line SW480. At a dose of 50 μ M, SubG1 levels were increased to 25.4% and 23.7% respectively, showing that 112 and 113 induced significant DNA damage. The subG1 population in cells treated with 116 and 127 was 11.0% and 9.1%, respectively. All these compounds caused DNA damage in a dose-dependent manner and at a dose of 75 μ M, SubG1

expression was increased up to 23.4%-47.2% [44]. In another assay, **106** and **116** also showed potent cytotoxicity, with SubG1 levels of 47.2 and 27.4%, respectively [53].

Subamolide A (112), only obtained from *Cinnamomum subavenium*, showed significant effects in the screening of anti-cancer activities *in vivo* [54]. The compound was demonstrated to selectively induce apoptosis in two cancerous human urothelial carcinoma cell lines (NTUB1 and T24) by triggering the mitochondria-dependent apoptotic pathways and p53 and ERK1/2 activation [55]. Compound 112 induced apoptosis in human lung cancer cells A549 and NCI-H460 resulting from triggering mitotic catastrophe with apoptosis and caused a dramatic 70% reduction in tumor size in an animal model [56].

Table 2. Butanolides from *Cinnamomum* genus.

No.	Compounds	Plants	Ref.	No.	Compounds	Plants	Ref.
83	(R)-3-hydroxybutanolide	С	[37]	106	subamolide D	S	[50]
84	3-hydroxy-4,4-dimethyl-4- butyrolactone	i	[57]	107	subamolide E	S	[50]
85	cinncassin A	c	[17]	108	Linderanolide B	S	[44, 50]
86	Cinncassin A ₁	c	[17]	109	Isolinderanolide B	k,s	[51, 53]
87	Cinncassin A ₂	c	[17]	110	isoreticulide	r	[58]
88	Cinncassin A ₃	c	[17]	111	lincomolide B	k	[40]
89	Cinncassin A ₄	c	[17]	112	subamolide A	S	[44, 50]
90	Cinncassin A ₅	c	[17]	113	subamolide B	S	[44, 50]
91	Cinncassin A ₆	c	[17]	114	philippinolide B	q	[52]
92	Cinncassin A ₇	c	[17]	115	tenuifolide B	t	[45]
93	cinnamomulactone	c	[17]	116	subamolide C	S	[44, 50]
94	cinnamomumolide	c	[31]	117	kotomolide B	k	[41]
95	5R-methyl-3-heptatriacontyl-2(5H)-furanone	c	[34, 59]	118	kotomolide	k	[60]
96	Cinnakotolactone	k	[51]	119	5-dodecanyl-4-hydroxy-4-methyl-2- cyclopentenone	d	[60]
97	isoobtusilactone A	d,j,k,n, r,s,t	[39, 45, 47]	120	Kotolactone A	k	[40]
98	obtusilactone A	d,j,n,k, r,s,t	[39, 45, 47]	121	kotolactone B	k	[40]
99	isokotomolide A	k	[41]	122	2-acetyl-5-dodecylfuran	k	[40]
100	kotomolide A	k	[41]	123	2-acetyl-5-methylfuran	k	[40]
101	tenuifolide A	t	[45]	124	secokotomolide A	k	[40]
102	isotenuifolide A	t	[45]	125	secokotomolide	k	[40, 60]
103	isophilippinolide A	q	[52]	126	secotenuifolide A	t	[45]
104	philippinolide A	q	[52]	127	secosubamolide	S	[44, 50]
105	isomahubanolide	d	[48]	128	secosubamolide A	S	[50]

Compound **124** was also found to have significant cytotoxic effects on the human HeLa cell line. Compared to the vehicle control group, incubation with **124** at 0, 25, 50, and 100 μ M for 24 h induced apoptosis in sub-G1 phase at 1.4, 68.8, 75.6, and 81.8% [41]. Moreover, **126** showed cytotoxic activity against two human prostate cancer epithelial cell lines, DU145 and LNCaP, with EC₅₀ values of less than 7 μ M (equal to 3.45 μ g/mL) [45]. Inhibitory effects of **103** against the A375.S2 melanoma cell line were evaluated. Compared with untreated cells, treatment with 10, 25, 50, and 100 μ M **103** for 24 h resulted in a dose-dependent increase in the subG1 accumulation, extending from 2.34 to 3.92, 4.27, 8.79 and 14.11%, respectively [52].

Figure 2. The structures of butanolides from Cinnamomum

2.3. Flavonoids

Leaves are mostly used as a medicinal part in traditional Chinese medicine, which undoubtedly have high content of flavonoids. There have been 65 flavonoids (129-193) isolated from *Cinnamomum* plants (Table 3 & Figure 3), including seven simple flavones (129-135), thirty-one flavonols (136-166), one dihydroflavones (167), two dihydroflavonols (168, 169), one chalcone (170), seventeen flavanes (171-187) and seven anthocyanidins (188-193). Flavonoids are representative constituents of *Cinnamomum* plants, exemplified by quercetin (142), kaempferol (136) and their glycosides. Flavonoids from *Cinnamomum* mostly share similar types with other genus, but some of them have uncommon skeletons and show many biological activities, especially antioxidant activities.

Compound **193** is a flavonol galactoside-lignan ester. The compound has a rare skeleton, in which the kaempferol moiety was connected to a diacyl moiety with a cyclobutane ring bearing two 4-hydroxyphenyl through a sugar moiety.

Many flavonoids are natural antioxidants. It was confirmed that the hydroxy group at the C-3′ position of the B ring is essential for the antioxidant activity, which accounts for higher effect of rutin (146) compared to nicotiflorin (147) and isorhoifolin (133) in both concentrations of 10 and 20 μ M, respectively [61].

Compound **140**, isolated from *C. osmophloeum*, was proved to have antioxidant capacity through DPPH and NBT Assays, with the EC₅₀ values of 26.9 and 68.1 μ M, respectively [62]. Compound **155** exhibited stronger radical scavenging activity (65.21%) than **156** (17.40%) at 60 μ mol/L concentration in a DPPH assay, mostly because of the difference of coumaroyl group positions in the compounds [63]. The *in vitro* IC₅₀ values against DPPH for tiliroside (**158**) was found to be 60.40 μ g/mL and the ferric ion (Fe³⁺) reducing ability of **158** were 0.324 at the dose of 50 mg/mL [64].

Furthermore, DPPH assays were performed to evaluate the antioxidative potential of some compounds. Compound 358 exerted moderate antioxidant effect with IC₅₀ value of 75.03 μ M [65]. In another assay, compounds 44, 144, 146, 188 and 320 showed free radical scavenging activities of 30.4, 60.3, 44.7, 39.3 and 77.3%, respectively, at 12.5 ppm concentration. Among these compounds, 320 showed the highest antioxidant activity in the β -carotenelinolate system [29].

In addition to antioxidant effects, some flavonoids were demonstrated to show other activities, including anti-inflammatory, anti-cancer, immunomodulatory and anti-hyperglycemic activities.

Four kaempferol glycosides (160-162 and 166) from C. osmophloeum leaves exerted a dose-dependent inhibition on the production of NO, TNF-a and IL-12 from LPS/IFNc-activated macrophages. Among them, compound 162 showed the highest inhibitory activity, with significant inhibition at 10 μ M, and 41% of TNF-a production and 35% of IL-12 production of the positive control at 20 μ M [66].

Two flavonoids (**155** and **156**) were repeorted to show potent inhibitory activities in lung cancer cell line (A549 and NCI-H460) and breast cancer cell line (MCF-7 and MDA-MB-231), with IC₅₀ values ranging from 1.6 to 8.4 μ g / mL. Both of them show highest inhibition on NCI-H460 cell line, with IC₅₀ vallues of 4.6 and 1.6 μ g/mL, respectively [67].

In vitro tests conducted by Liu *et al.* showed that compound **187** stimulated cell proliferation of splenocytes and peritoneal macrophages, significantly enhanced the cytotoxicity of natural killer cells and increased CD⁴⁺ and CD⁸⁺ cell populations, showing good immunomodulatory activity. Moreover, **187** also induced effective phagocytic activation in macrophages [68].

Proanthocyanidins from *C. osmophloeum* twig extracts, including **188** and **190**, were found to be associated with anti-hyperglycemic capacity. Moreover, it was also found that the higher the degree of polymerization of the proanthocyanidins, the better the inhibition of α -Glucosidase [37]. Proanthocyanidins were also reported to show inhibitory effects against cyclooxygenase-2 (COX-2). In the assay, compounds **188-191** were tested for their inhibitory activities against the COX-2 enzyme isolated from human recombinant Sf9 cells and all of them exerted significant inhibition at doses of 10, 100, and 1000 µg/mL. Moreover, the tetramers (**190**, **191**) showed stronger inhibition than the trimers (**188**, **189**) [69].

Table 3. Flavonoids from *Cinnamomum* genus.

No.	Compounds	Plants	Ref.	No.	Compounds	Plants	Ref.
					kaempferol 3-O-β-D-apiofuranosyl-		
129	tricetin-7-methyl ether	d	[70]	162	(1→2)- α -L arabinofuranosyl-7-O- α -L-	О	[1]
120	41.67.1	1	F 4 0 1	1.0	rhamnopyranoside		[71]
130	4',6,7-trimethoxyflavone	d	[42]	163	herbacetin	p	[71]
131	apigenin	k	[40]		kaempferol-3-O-β-D-glucose(6 \rightarrow 1)- α -L-rhamnoside	d	[48]
132	genkwanin	k	[40]	165	kaempferol-3-O- α -L-rhamnopyranosyl- $(1\rightarrow 2)$ - α -L rhamnopyranoside	О	[1]
133	isorhoifolin	p	[61]	166	kaempferol 3-O-β-D-apiofuranosy- $(1\rightarrow 4)$ - α -L-rhamnopyranosyl-7-O- α -L-rhamnopyranoside	0	[1]
134	luteolin	d	[70]	167	naringenin 5-O-β-D-glucopyranoside	S	[72]
135	luteolin-7-O-β-D glucoside	d	[70]	168	taxifolin	d	[73]
136	kaempferol	j,k	[40, 60]	169	dihydrokaempferol	d	[42]
137	kaempferol 3-O-\(\beta\)-D-glucopyranoside	c,d,s	[28, 72]	170	phloridzin	S	[72]
138	kaempferol-3-0- α -L-rhamnopyranoside	d,o,p,s	[1, 71, 72]	171	3'-methoxyl-(-)-epicatechin	c	[37]
139	kaempferol-3-0-β-rutinoside	d	[72]	172	(-)-epicatechin	c,k,p,s	[44, 60]
140	kaempferol-7-O- α -L-rhamnopyranoside	0	[1]	173	5,7-dimethyl-3',4'-di-O-methylene-(±)-epicatechin	c	[31, 32]
141	kaempferol-3-O- α -L-rhamnopyranoside-7-O- α -L rhamnopyranoside	0	[1]	174	5,3',dimethoxyl-(-)-epicatechin	c	[37]
142	quercetin	d,k,z	[1, 42, 60]	175	(-)-(2R,3R)-4'-hydroxy-5,7,3'- trimethoxyflavan-3-ol	b,c,k	[31, 40, 43]
143	quercetin 3-O-ß-D-glucopyranoside	c,d	[28, 70]	176	4'-methoxyl-(+)-catechin	c	[37]
144	quercetin 3-O-α-L-rhamnopyranoside	c,d,p,z	[1, 28, 29, 71]	177	7,4' -dimethoxyl-(+)-catechin	c	[37]
145	quercetin 3-O-α-D-arabinopyranoside	c	[28]	178	5,7,4' -trimethoxyl-(+)-catechin	c	[37]
146	rutin	d,p,z	[29, 61]	179	(+)-catechin	k,s,t	[40, 41, 45]
147	nicotiflorin	p	[61]	180	(-)-catechin	k,t	[40, 74]
148	$is or hamnet in \hbox{-} 3\hbox{-} O\hbox{-} \beta\hbox{-} D\hbox{-} glucopy rano side}$	d	[33]	181	(-)-afzelechin	c	[37]
149	isorhamnetin-3-O- β -rutinoside	d	[48]	182	(2S,3S)-3'-hydroxy-5,7,4'-trimethoxy-flavan-3-ol	d	[32]
150	quercetin 3-O-(3",4"-di-trans-p- coumaroyl)-α-L-rhamnopyranoside	c	[28]	183	(-)-(2R,3R)-5,7-dimethoxy-3',4'-methylenedioxy-flavan-3-ol	d	[42]
151	quercetin 3-O- $(2'',4''$ -di- trans-p-coumaroyl)- α -L-rhamnopyranoside	c	[28]	184	(-)-epicatechin-3-O-β-glucoside	c	[37]
152	3"-trans-p-coumaroylquercitrin	c	[28]	185	(-)-epicatechin-6-β-glucoside	c	[37]
155	4"-trans-p-coumaroyl-kaempferol-3-O-α- L-rhamnoside	c	[28]	186	(-)-epicatechin-8-β-glucoside	c	[37]
154	4"-cis-p-coumaroyl-kaempferol-3-O-α-L- rhamnoside	c	[28]	187	proanthocyanidin A-1	c	[37]
155	kaempferol-3-O-(2",4"-di-E-p- coumaroyl)-α-L-rhamnopyranoside	r	[63]	188	cinnamtannin B-1	c,s,z	[29, 69, 72]
156	kaempferol-3-O-(3",4"-di-E-p- coumaroyl)-α-L-rhamnopyranoside	r	[63]	189	cinnamtannin D-1	c,s	[69, 72]
157	kaempferol 3-O-(3",6"-di-trans-p-coumaroyl)-\(\beta\)-D-glucopyranoside	c	[28]	190	parameritannin A-1	c	[69]
158	tiliroside	c	[28]	191	cassiatannin A	c	[69]
159	kaempferol 3-O-(3",6"-di-trans-p-coumaroyl)-\(\beta \)-D-galactopyranoside	c	[28]	192	epicatechin- $(4\beta \rightarrow 8)$ -epicatechin- $(4\beta \rightarrow 8)$ -epicatechin	c	[34]
160	kaempferitrin	j,o	[1, 75]	193		c	[17]
161	kaempferol 3-O- $\hat{\beta}$ -D-glucopyranosyl-(1 \rightarrow 4)- α -L-rhamnopyranosyl-7-O- α -L-rhamnopyranoside	0	[1]				

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Figure 3. The structures of flavonoids from Cinnamomum

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2.4. Phenylpropanoids

Figure 4. The structures of phenylpropanoids from *Cinnamomum*.

Cinnamomum plants are characterized by the aroma related to phenylpropanoids. Also, phenylpropanoids are common in Cinnamomum species with high content, especially in their volatile oils. A total of 76 phenylpropanoids (194-269) have been isolated from Cinnamomum plants (Table 4 & Figure 4). Only four coumarins (247-250) were obtained from Cinnamomum but they have shown great biological activities. Compounds 247 and 248 were found in three Cinnamomum species respectively and moreover, 248 and 249 have been reported to show potent anti-inflammatory effects. Coumacasia (250) was obtained for the first time from C. cassia in 2013 and exhibited significant cytotoxic activity [76]. Cinnamaldehyde (194) is the main component of essential oil from C. cassia. In 2012, Ngoc et al. separated cinnacasolide B (208) for the first time from in C. cassia [77]. Cinnamomdiol A (237) is a 3-(3,4-methylenedioxyphenyl)-propane-1,2-diol glycoside which was

isolated for the first time from *C. camphora* [73]. Some phenylpropanoids are common in *Cinnamomum* species, including compounds **202**, **203**, **209** and **227**. This finding supported the chemotaxonomic relationship among *Cinnamomum* species.

Table 4. Phenylpropanoids from *Cinnamomum* genus

	le 4. Phenylpropanoids fro						
No.	Compounds	Plants	Ref.	No.	Compounds	Plants	Ref.
194	cinnamaldehyde	b,c	[78, 82]	232	erthro-guaiacy lglycerol	c	[37]
195	2-methoxycinnamaldehyde	c	[82]	233	giucopyranoside	c	[37]
196	2-hydroxycinnamaldehyde	c	[82]	234	D-threo-guaiacylglycerol 7-O-β-D-glucopyranoside	S	[83]
197	coniferaldehyde	c	[82]	235	cinnacassoside D	c	[13]
198	cassiferaldehyde	c	[82]	236	3-(3,4-methylenedioxyphenyl)-1,2- propanediol	d,p	[73]
199	4-methoxycinnamaldehyde	c	[34]	237	cinnamomdiol A methyl-phenylpropanoate-2-O-β-D-	d	[36, 73]
200	cinnamyl acetate	b	[43]	238	apio-furanosyl-(1→6)-O-β-D- glucopyranoside	c	[2]
201	trans-cinnamaldehyde	b,m	[43, 84]	239	dihydomelilotoside	c	[82]
202	cinnamyl alcohol	b,c,j,m	[43, 75, 84]		methyl dihydromelilotoside	c	[82]
203	cinnamic acid		[43, 84-86]		dihydrocinnacasside	c	[82]
204	O-coumaric acid	c,s	[82, 87]	242	p-dihydrocoumaric acid	r	[88]
205	2-hydroxy-cinnamyl alcohol	c	[37]	243	3-phenylpropanol	c	[34]
206	(E)-3-(2-methoxyphenyl)prop-2- en-1-ol	c c	[37]	244	benzenepropanal	c	[34]
207	rosavin	c	[77, 82]	245	2-ethyl-5-propylphenol	c	[34]
208	cinnacasolide B	c	[77]	246	stearyl ferulate	d	73
209	ferulic acid	k,r,s,t,z	[44, 45, 58, 88]	247	coumarin	b,c,j,m	[38, 43, 47, 84]
210	trans-methyl p-coumarate	r	[88]	248	scopoletin	b,d,p	[38, 42, 61]
211	trans-coumaric acid	k	[40]	249	6,7-dimethoxycoumarin	d	[42]
212	(E)-3-(3-methoxyphenyl)acrylaldehyde	c	[37]	250	coumacasia	c	[76]
213	3-(3,4-dimethoxyphenyl)-2- propenal	c	[37]	251	, , ,	S	[46]
214	3,4-dimethoxycinnamaldehyde	s	[46]	252	methyl trans-3-(3,4-dimethoxyphenyl)-3-propenoate	S	[46]
215	3,4-methylenedioxycinnamyl alcohol	S	[46]	253	2-methoxyphenylacetone	c	[34]
216	isoeugenol	k	[41]	254	phenethyl (E)-3-[4-methoxyphenyl]-2- propenoate	c	[37]
217	kobusinol B	b,z	[1, 38]	255	trans-cinnamyl 3-phenylpro pionate	b,c	[17, 43]
218	caffeic acid	Z	[85]	256	(E)-cinnamyl-(E)-cinnamate	c	[17]
219	methyl cinnamate	S	[46]	257	1,2-dimethoxy-4-(1-E- propeny1)benzene	a	[15]
220	cis-2-methoxycinnamic acid	c	[34]		1,2-dimethoxy-4-(l-Z-propenyl)benze	a	[15]
221	linocinnamarin	c	[13]	259		c	[13]
222	E-(3,4-dimethoxyphenyl)-2- propenal	a	[15]	260	2-[4-(3-hydroxypropyl)-2-methoxyphenoxy]-1,3-propanediol	c	[13]
223	sinapaldehyde	b,c	[28, 43]	261	31 37 1 1	a	[15]
224	trans-ferulaldehyde	b	[43]	262	Cinnacassiol	c	[1]
225	trans-3,4,5-trimethoxycinnamic alcohol	c	[28]	263	dimethylmatairesinol	d	[48, 70]
226	4-allylcatechol	t	[45]	264	linocinnamarin	c	[13]
227	eugenol	d,j,m,n,u,s, z	[46, 84, 85, 89]	265	cinnacassin N	c	[17]
228	methyl-eugenol	s,t	[46, 90]	266	cinnacassin O	c	[17]
229	safrole	p	[36]	267	cinnacassin L	c	[17]
230	(7R, 8S)-syringoylglycerol	c	[37]	268	cinnamic aldehyde cyclic syringyl glycerol 1,3-acetal	b	[43]
231	(7S, 8S)-syringoylglycerol	c	[37]	269	cinnacassin K	c	[17]

Phenylpropanoids **194** and **195** were found to exhibit potent anti-inflammatory effects by inhibiting transcriptional activity of NF-κB induced by LPS, and their IC₅₀ values were 43 and 31 μ M, respectively [78]. The phenylpropanoid (**250**) induced cell death in the HL-60 and A-549 cell lines with IC₅₀ values of 8.2 and 11.3 μ M, respectively. Compounds **194-197** showed moderate inhibitory effects with IC₅₀ values ranging from 20.5 to 65.6 μ M [76]. The anti-proliferation activities of **96** and **109** were evaluated against human HT29 and MCF-7 cancer cell lines, and their IC₅₀ values ranged from 3.3 to 25.8 μ M [51].

Cinnamaldehyde (194) has been demonstrated to show various activities and some *in vivo* experiments have been conducted. It was confirmed to exert *in vivo* anti-inflammatory effects and significantly reduced synovial inflammation in adjuvant arthritis rats due to suppressing IL-1β through modulating succinate/HIF-1α axis and inhibition of NLRP3 [79]. In another *in vivo* experiment, treatment with 194 was demonstrated to exhibit neuroprotective activity against subarachnoid hemorrhage-induced early brain injury through increasing the cross-sectional areas of the basilar artery and reducing the arterial wall thickness in rabbits [80]. Moreover, pretreatment with 194 significantly protected against and ameliorated intestinal ischemia/ reperfusion injuries by synergistic inhibition of NF-κB and p53 in rats [81].

2.5. Alkaloids

Although *Cinnamomum* plants are rich in many types of constituents, alkaloids are not common in the genus and only 19 alkaloids (**270-288**) have been isolated up to now (Table 5 & Figure 5). These compounds include five piperidines (**270-274**), two pyrrolidines (**275**, **276**), nine amines (**277-285**) and three chlorophylls (**286-288**). The pyridine alkaloids (**270-274**) are all from *C. philippinense*. Compound **270** was first isolated from this species in 2012 and compound **272** was in 2015 [91, 92]. However, alkaloids from *Cinnamomum* didn't show significant biological activities according to existing activity tests.

Table 5.	Alkaloids	from	Cinnamomum	genus

No.	Compounds	Plants	Ref.	No.	Compounds	Plants	s Ref.
270	2-(4'-hydroxypyridin-3'-yl)- acetic acid	q	[91]	280	cinnabutamine	b	[93]
271	corydaldine	q	[91]	281	N-cis-feruloyltyramine	r	[88]
272	Cinnapine	q	[92]	282	(E)-3-(4-hydroxy-3-methoxyphenyl)-N-phenthy-lacrylamide	c	[28]
273	glaziovine	q	[91]	283	N-trans-caffeoyl-5-hydroxytyramine	b	[93]
274	zenkerine	q	[91]	284	N-trans-feruloyl-5-methoxytyramine	b,c,r	[28, 39, 94]
275	3-glyceroylindole	c	[28]	285	N-trans-feruloyltyramine	b,r	[88, 93]
276	indole-3-carboxaldehyde	c	[28]	286	pheophytin b	b	[38]
277	Cinnaretamine	b,q,r	[52, 93, 94	1]287	pheophytin a	b,s	[38, 53]
278	dihydroferuloyltyramine	r	[58]	288	aristophyll C	S	[53]
279	N-cis-feruloyl-5- methoxytyramine	b,r	[93, 94]				

Figure 5. The structures of alkaloids from Cinnamomum

2.6. Other Compounds

In addition to lignans, butanolides, flavonoids, phenylpropanoids and alkaloids, other compounds consist of 17 phenylethanols (289-305), 69 simple benzenoids (306-374) and 6 steroids (375-380). Compounds 292-296 are 4-hydroxy-3-methoxyphenethyl derivatives and all were obtained from *C. reticulatum* [39]. phenylethyl glycosides include compounds 300-304 and all are from *C. cassia* [32, 95]. Twelve dibenzocycloheptatrienes (306-317) have been obtained from *Cinnamomum* plants. Compounds 306-312 were first isolated from *C. subavenium* in 2012 [72]. Some benzenoids (318-320, 322, 323 and 329) are common in *Cinnamomum* species. Compounds 375-380 are steroids and 375-379 can be easily found in the genus *Cinnamomum*. These compounds are shown in Table 6.

 Table 6. Other compounds from Cinnamomum genus

No.	Compounds	Plants	Ref.	No.	Compounds	Plants	Ref.
289	phenylethyl alcohol	c	[34]	335	3,4,5-trimethoxyphenyl-1- O-β-D-glucoside	s	[83]
290	hydroxytyrosol 3,4-dimethoxyphenethyl alcohol	s	[72]	336		s	[46]
291 292	4-hydroxy-3-methoxyphenethyl butyrate	c r	[34] [39]	337 338	ethyl 3,4- dihydroxybenzoate	c c	[28] [28]
293	4-hydroxy-3-methoxyphenethyl hexyrate	r	[39]	339	1.2-dimethoxy-4-(2-	a	[15]
294	4-hydroxy-3-methoxyphenethyl pentadecyrate	r	[39]	340	3.4-	a	[15]
295	4-hydroxy-3-methoxyphenethyl stearate	r	[39]	341	ethyl 3,5-dihydroxy-4- nitrobenzoate	t	[90]
296	4-hydroxy-3-methoxyphenethyl heneicosyrate	r	[39]	342		c	[13]
297	4,4'-diacetyl-2,2'- dimethoxydiphenyl ether	n	[86]	343	methyl 3-methoxy-4-(β-D- allopyranosyloxy) benzoate	c	[13]
298	cinnamic alcohol	b,c	[43, 82]	344	gallic acid	Z	[85]
299	icariside DC	c	[82]	345	isotachioside	c	[95]
300	cinnacasolide A	c	[77]	346	3,4-dimethoxyphenol- β -D- apiofuranosyl($1\rightarrow 6$)-b-D- glucopyranoside	c	[13, 96]
301	2-phenylethyl-O-β-D- glucopyranoside	c	[95]	347	kelampayoside A	c	[96]
302	2-O-β-D-glucosyl-(1S)- phenylethylene glycol	c	[95]	348	glucosyringic acid	c	[31]
303	cinnamic aldehyde cyclic glycerol 1,3-acetal(9,2'-trans)	c	[32]	349	•	s	[72]
304	cinnamic aldehyde cyclic glycerol 1,3-acetal(9,2'-cis)	c	[32]	350	2,2',7a,7a',7b,7b'- hexamethyldiphenyl ether	s	[46]
305	cinnamic aldehyde cyclic D- galactitol 3'R,4'S-acetal	c	[31]	351	, ,	c	[34]
306	Subavenoside A	S	[72]	352	2,5-dihydroxybenzoic acid ethyl ester	d	[42]
307	Subavenoside B	S	[72]	353	-	c	[34]
308	Subavenoside C	S	[72]	354		d	[48]
309	Subavenoside D	S	[72]	355	(3R,4S,6R)-4,6-dihydroxy-de-O-methyllasiodiplodin		[96]
310	Subavenoside E	S	[72]	356	8-metnyi-anthraquinone (3R, 4R, 3'R,4'R)-6,6'-	d	[42]
311	Subavenoside F	S	[72]	357	dimethoxy-3,4,3',4'- tetrahydro-2H,2'H- [3,3']bichromenyl-4,4'-diol 2,3-dihydro-6,6-	d,p	[42, 71]
312	9,12-Di-O-methylsubamol	S	[72]	358		t	[65]
313	5'-hydroxy-5-hydroxy methyl- 4",5"-methylenedioxy-1,2,3,4- dibenzo-1,3,5-cycloheptatriene	b	[43]	359	cinnamophilin D	q	[97]
314	Subamol	s	[50, 87]	360	cinnacasolide C 3,4-dimethoxyphenol-β-D-	c	[77]
315	burmanol	b	[38]	361	apiofuranosyl(1→6)-β-D-glucopyranoside	c	[34]
316	tenuifolin	r,t	[45, 88]	362	3,4,5-trimethoxyphenol-β- D-apiofuranosyl-(1→6)-O- β-D-glucopyranoside 3-trimethoxy-4-	c	[2, 13]
317	reticuol	b,m,r	[98]	363	hydroxyphenol-β-D- apiofuranosyl (1→6)-β-D- glucopyranoside	c	[2, 13]
318	vanillin	b,c,d,k,s	[38, 41, 42]		cinnacassoside C	c	[13]
319	4-hydroxybenzaldehyde	c,k,p,r,s,t	[40, 45, 58]	365	cinnacasolide E	c	[2]

320	protocatechuic acid	b,c,d,k,r,z	[29, 40, 42, 88]	366		. с	[2, 32]
321	benzoic acid	c,k	[40]	367	glucopyranoside cinnacasolideb	c	[1]
322	p-hydroxybenzoic acid	b,c,d,j,k,p,r,s	F20 F 0 C 1	368	phenylmethanol O-α-L- arabinofuranosyl (1 \rightarrow 6)- β-D-glucopyranoside	С	[95]
323	vanillic acid	b,c,k,r,s	[38, 58, 61, 88]	369	phenylmethanol O-α-L- arabinopyranosyl (1→6)-β- D-glucopyranoside	c	[95]
324	benzaldehyde	c	[34]	370	cinnacassinol	c	[82]
325	veratraldehyde	s	[46]	371	1,4-diphenyl-1,4- butanedione	c	[17]
326	protocatechualdehyde	d	[42]	372	evofolin B	c	[13, 17]
327	1,2,4-trihydroxybenzene	p	[71]	373	cinncassin B	c	[34]
328	benzene,1,3-dimethyl	c	[34]	374	cinncassin C	c	[34]
329	syringaldehyde	b,c,d,k,s	[40, 41, 43, 44]	375	β -sitosterol	c,d,j,k,m,n,p,s,t,u	[27 75
330	syringic acid	r,s,t	[39, 90, 94]	376	stigmasterol	d,k,j,s,t,u	[40, 44, 89, 99]
331	myristicin	s,t	[45, 67, 100]	377	daucosterol	d,k,p,s,t	[44, 70, 82]
332	3,4-methylenedioxy-5- methoxycinnamyl alcohol	S	[67, 100]	378	stigmasteryl-3-O-β-D- glucoside	d,k,s	[27, 41, 44]
333	myristicic acid	s	[100]	379	β-sitostenone	b,j,k,m,n,r,s,t	[39, 45, 46, 86]
334	3-hydroxy-4,5-dinethoxyphenyl-β- D glucopyranoside	S	[83]	380	stigmasta-4,22-dien-3-one	k	[40]

3. Conclusion

The medicinal value of the genus *Cinnamomum* has attracted much attention around the world and a great deal of phytochemical and biological investigations have been done. According to the findings, there have been many unique constituents isolated from *Cinnamomum* plants, with various novel skeletons and significant biological activities. The research on *Cinnamomum* species can provide abundant bioactive compounds and promote the further development and utilization of new drugs.

The *Cinnamomum* genes is rich in resources which contains approximately 250 species. However, only a few species have been studied, most of which are only given focus on the investigation of essential oils. Chemical research on the bioactive components from *Cinnamomum* plants have only focused on less than 20 species, such as *C. cassia*, *C. camphora*, *C. kotoense* and *C. subavenium*. Hence, the research range of species of the genus *Cinnamomum* need to be widened and the active ingredients and their pharmacological activities need to be further explored.

The compounds obtained from *Cinnamomum* show various significant activities, especially lignans and butanolides. The lignans from *Cinnamomum* have high content and have shown potent neuroprotective, anti-hyperlipidemic, anti-inflammatory, anticancer and other effects. However, most of the compounds only stays in the study of cell activity *in vitro* except sesamin, which was demonstrated to show various activities *in vivo* and *in vitro* and some clinical experiments have been conducted. Moreover, anti-tumor ingredients are mainly concentrated in butanolides. Nevertheless, though showing significant effects, most of the compounds have only been tested for *in vitro* activities. More *in vivo* experiments are needed to explore the mechanism of action and provide data for clinical trials.

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